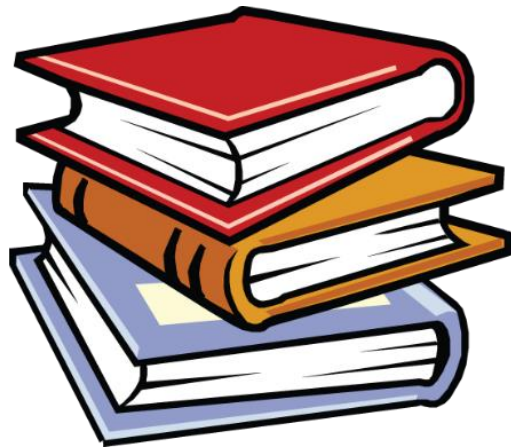


MIDLAND PARK HIGH SCHOOL  
COLLEGE PLANNING GUIDE  
**CLASS OF 2021**



*Excellence in Education since 1957*

## Table of Contents

Introduction .....	1
Academic Requirements .....	2
Naviance .....	3
College Planning Timeline .....	4
Important Terms and Vocabulary .....	6
Application and School Terms.....	6
Testing.....	8
Financial Aid .....	9
Considerations .....	10
College Admissions .....	10
College Search .....	10
Online Resources and Websites .....	11
Teacher Recommendation Etiquette .....	12

## Appendices

Appendix A: Standardized Testing.....	13
Appendix B: SAT and ACT Comparison Chart.....	14
Appendix C: SAT and ACT Score Comparison Chart.....	15
Appendix D: SAT and ACT Test Dates .....	16
Appendix E: Student-Athletes and Students with Special Talents or Interests.....	17
Appendix F: Letter of Recommendation Form .....	19
Appendix G: Transcript Request Form .....	20
Appendix H: Student Checklist .....	21

*All forms can be found in the Guidance Office*

# **MIDLAND PARK HIGH SCHOOL**

250 Prospect Street • Midland Park • NJ 07432 • (201) 444-7400 • Fax (201) 444-0352

## **Introduction**

What an exciting time for all! This college planning guide is designed to assist students and families with the college process. It provides overview of the information, timelines, and responsibilities for the college search and college application.

Guidance Counselors are here to assist students and their families. They understand that this may be an overwhelming process, there are a lot of considerations when decisions are made. Guidance Counselors may suggest recommendations based on their past experiences with certain schools, attendance in workshops and/or conferences, keeping in mind Midland Park High School's philosophies, policies, and regulations. Guidance Counselors provide information and options so students can be well informed; however, ultimately all decisions are made by the students and families.

Please carefully review this guide. The Guidance Counselors are prepared to support students and families in any way they can.

Margaret "Chessie" Owens  
(Students with last name beginning with A-Le)  
*(effective January 2, 2020)*

Elizabeth Wall  
(Students with last name beginning with Li-Z)

Nicholas Capuano  
Principal  
Supervisor of Guidance

Marie Pantina  
Guidance Secretary  
(201) 444-7400 ext. 212

School Code (CEEB): 310 794

## Academic Requirements

The rigor of the academic program and the quality of work produced during the four years of high school will serve as part of a resume to college. The student's transcript is considered the most important factor in determining chances for admission.

The competitiveness of the colleges that the student is considering will determine the courses that he/she will take at his/her time at MPHS. The more selective colleges have a rigorous standard of academics that they uphold. It is up to the student to research and look into the programs that he/she is considering and communicate with his/her guidance counselor the courses that he/she is interested in taking in furthering his/her college readiness.

This chart should only serve as a guide. The courses that a student takes should be determined by interests, future goals, success in previous courses, and teacher recommendations.

<b>Course/Subject</b>	<b>MPHS &amp; NJ Graduation Requirements in Years</b>	<b><u>Minimum</u> Courses for College Entrance in Years</b>	<b><u>Recommended</u> Courses for College Entrance in Years</b>
English	4	4	4
Mathematics	3	3	4
Science	3	3	3-4
Social Studies	3	3	4
World Language	1	2	3-4
Financial Literacy	½	½	½
Physical Education	4	4	4
Electives*	3	3	3

\*As part of earning a diploma from Midland Park High School, students must take visual/performing and practical arts (2 years or 10 credits), along with a combination of other electives to achieve 126 credits.

Naviance Student is career and college readiness platform that enables students for self-discovery, career exploration, academic planning, and college preparation. Naviance is vital in the Guidance Office; it is an important tool for the college application process for both students and Guidance Counselors.

Guidance Counselors use Naviance to track and analyze data about college and career plans, so it provides up-to-date information that is specific to MPHS. The students' supporting documents (letters of recommendation, transcripts, and school profile) are sent through Naviance.

Traditionally, heaviest usage of Naviance is among juniors and seniors; however, it is encouraged that younger students and their parents will find this tool to be helpful in longer-term planning and start exploring the tools.

Naviance Student will allow students and parents to:

**A. Explore**

Students are able to participate in career interest inventories and career profiles

**B. Plan**

Build a resume, complete on-line surveys, and manage timelines and deadlines for making decisions about colleges and careers

**C. Research Colleges**

1. Scattergram

A graphical view of application outcomes (accepted, denied, waitlisted) at a college for recent MPHS applicants, using GPA and SAT/ACT scores. Students can gauge their chances of acceptance by comparing personal information with those of successful applicants.

2. College Lookup

This research tool provides comprehensive information on thousands of colleges. In addition to general and admissions information, further data is presented on academics, cost and financial aid, student body characteristics, extracurricular and athletic programs. A link to each college's website is provided.

3. SuperMatch College Search

Enter criteria such as size, GPA, SAT/ACT scores, location, cost, majors or athletic programs, and students can produce a list of colleges that meet their criteria.

**D. Keep Up to Date With**

1. College Representative Visits

Find out which colleges are visiting MPHS. Juniors and seniors are invited to attend these visits. Students must have a pass signed by their teacher to attend a college visit. Be on the look-out for e-mails from Naviance about these visits!

2. News and Updates

Announcements are posted that will keep students informed about college open houses, college fairs and up-coming meetings and events.

3. Scholarship Opportunities

Scholarship opportunities will be posted in Naviance with deadline dates and scholarship details.

The Guidance Department hopes that students and parents will find this resource helpful. If there are further questions about Naviance, please contact the Guidance Office.

# College Planning Timeline

## JUNIOR YEAR

### Fall

- Strong emphasis on your academic work
- Make sure you have your Naviance account information
  - Naviance is one of the biggest resource that guidance department uses. It is vital in the college process
  - Start exploring different colleges using the tools that Naviance has to offer
    - SuperMatch College Search on Naviance
- Attend Senior Orientation

### Winter

- Continue to focus on your academics
  - The GPA you end junior year with will the GPA sent to colleges as you apply.
- Carefully select your courses for senior year
  - Keep in mind your potential program of study in college and the competitiveness of colleges you are interested in and seriously considering in applying
    - **NOTE:** If you choose to drop/change a class after you applied and were accepted into colleges, **you must notify all colleges**. You are changing your initial transcript; you applied to colleges and colleges accepted you with the senior year schedule on your initial transcript
    - *Select senior year classes that best fits you*
- Visit colleges during our February Break (it's a great time to see colleges in session)

### Spring

- Register for SAT/ACT (please note that the student is responsible for registering the test, the school cannot register for the student)
- Visit colleges during our Spring Break (it's a great time to see colleges in session)
- Ask two academic teaches for letters of recommendations (no official paperwork needed at this time), please refer to *Teacher Letter of Recommendation Etiquette*
- If applicable, register for the NCAA eligibility center and communicate with your counselor, please refer to **Appendix E**

### Summer

- Visit college websites and view applications for admission
- Continue to visits and tour colleges
- Begin thinking about writing essays
- Prepare a resume on Naviance including community involvement, work, travel, achievement, educational/cultural experience
- August 1<sup>st</sup> the Common Application will become available for you to start your application

## College Planning Timeline (continued)

### SENIOR YEAR

#### Fall

- Narrow down a list of colleges you have carefully selected to apply to. Make sure you add them to Naviance with the correct dates and how you are applying (early action, early decision, rolling admission, etc.)
  - Stay organized with deadlines—each college has its own deadline, you are responsible for knowing the deadlines of the colleges you are applying to
- Register for SAT/ACT, if applicable
- Counselors present to the seniors a presentation on *Tackling the College Process*
  - Topics covered: Naviance, Common App, teacher recommendations, testing
- Touch-base with your teachers for letters of recommendations and give them the form, please refer to *Teacher Letter of Recommendation Etiquette* and **Appendix F**
- Participate in College Reps visits
  - Announcements are made in the Daily Bulletin, in the morning announcements, and listed on Naviance
- Submit Transcript Request form to your guidance counselor 10 school days before the deadline, please refer to **Appendix G**
- Continue to place strong emphasis on academic work. All colleges will be receiving a midyear report, which includes transcripts
  - **NOTE:** If you choose to drop/change a class after you applied and were accepted into colleges, you **must notify all colleges**. You are changing your initial transcript; you applied to colleges and colleges accepted you with the senior year schedule on your initial transcript
- Attend Financial Aid Night
- Submit applications and test scores
- Submit FAFSA/CSS Profile for financial aid. Application opens October 1<sup>st</sup> for the following fall semester

#### Winter

- Keep organized with your college decisions
- Inform counselors on decisions
  - Acceptances, deferrals, waitlists
- Update Naviance with your decisions (include acceptances, defer, waitlist)
- Apply to local scholarships
  - Scholarships are located on website and announcements are made in Daily Bulletin
- Check Naviance for corporate scholarships
- Counselor sends midyear reports at the end of semester 1

#### Spring

- Continue to keep counselor informed with decisions
- Send in your deposit—most colleges require a deposit by May 1<sup>st</sup>, but check with the college first
- Inform your counselor of your final decision
- Counselor sends final transcript to college upon graduation

**CONGRATULATIONS! YOUR HARD WORK PAID OFF!**

## Application and School Terms

**Foundation/Safety School:** A college that a student will almost certainly get into because of standardized test scores, class rank and/or high school grades are well above the average for admitted students. Also, foundation/safety schools have relatively high acceptance rates.

**Target School:** A college in which a student's academic credentials make him/her competitive for admission. The GPA, standardized test scores, and class rank fall within the average range for that particular school. A student has a very reasonable chance of gaining admission to a target school, but there are no guarantees.

**Reach School:** A college that a student has a chance of getting into, but test scores, class rank and/or high school grades are a below average when looking at the school's profile.

**Selective/Competitive College:** A college that does not admit everyone. Selectivity is measured by the percentage of students who are admitted. Essentially, most colleges are selective to some degree. Some schools are more selective than others because they are looking for a certain specialized type of applicant (i.e. music talents or military schools). Other colleges are most/extremely selective because they are looking for students with excellent credentials overall, and they can only afford to take the most high-achieving individuals out of the huge applicant pool they attract.

Most Selective Colleges admit fewer than 20% of applicants

*Some of the "Elite Schools" have 5%-10% acceptance rate*

Extremely Selective Colleges admit 40% of applicants

Very Selective Colleges admit 60% of applicants

Moderately Selective Colleges admit 70% of applicants

*Admission depends on what the college is looking for in a given year—and that changes depending on the strengths and differences of the applicant pool.*

**Early Decision ("ED"):** A binding agreement, in which the student applies to his/her first choice school. If accepted, the student must attend and withdraw all other applications. A student cannot apply to more than one college early decision. The student must notify his/her guidance counselor if applying early decision. Please read the college's literature and ask questions before applying early decision to a college.

**Early Action:** A non-binding application submission, in which the student follows the same application timeline as early decision timeline. A student may apply to more than school early action. If accepted, the student may accept or decline the offer.

**Single Choice Early Action:** A non-binding early application submission option in which student may not apply to other colleges early action until they are notified of a decision.

**Regular Decision:** The student submits a completed application, with all required material by the college's deadline.

**Rolling Admission:** Applications are reviewed on an ongoing basis as they are submitted.

**Priority Date or Decision:** The date by which the application, whether it is for college admission, student regular housing or financial aid, must be received to be given the strongest consideration.

**Deferred Admission:** Allows applicants who are not accepted in an early plan to be considered in the decision pool.



**Wait List:** After consideration, the college may place student on a wait list which means that admissions may be granted if a smaller than anticipated number of accepted students make tuition deposits.

**FERPA:** The Family Educational Rights and Privacy Act of 1974 (“FERPA”) is a federal law that protects the privacy of student education records. Transcripts are the student’s academic records. The student needs to grant MPHS permission to release the transcript and other supporting material (midyear reports and report cards) to colleges. On the Common Application there is a section for FERPA.

**Cumulative GPA (Grade Point Average):** Includes final grades only. Grades in progress (i.e. marking period grades) are not factored into cumulative GPA.

**Self-Reported Academic Record (“SRAR”):** A list of a student’s courses and associated grades that have been completed or will be completed for high school or college credit. The student completes the SRAR (counselor does not complete the SRAR). The SRAR is part of the application process. It is the student’s responsibility to know what colleges require the SRAR and submit the SRAR promptly.

**Initial Transcript:** The transcript sent out in first round of applications, which includes freshman, sophomore, junior year final grades, and current senior year classes. The initial transcript includes the cumulative GPA. Transcripts do not include standardized test scores. Counselors/MPHS will send all official transcripts to prospective colleges.

**Mid-Year Report/Transcript:** Midyear transcripts are sent out at the end of the second marking period (semester 1). It includes midyear grades only (no individual marking period grades). The midyear report may also be known as 7<sup>th</sup> semester transcript. Midyear grades are factored in a re-calculated GPA (this is not a final transcript).

**Final Transcript:** Academic record of student with the legal name, final grades of all courses enrolled, cumulative GPA, address as of graduation (or withdrawal date), enrollment date, and graduation date (or projected graduation date). Counselors send final transcripts upon graduation to the colleges, and retain a copy for office records.

**School Profile:** Information gathered by the high school in a brochure style as part of the supporting material sent to colleges, that includes information on classes offered, such as AP/honors classes, school’s average SAT/ACT test scores compared to the state (NJ) and country, percent of students attending 4 year colleges, 2 year colleges, work force, and military. Colleges use the school profile to review and compare the student’s application.



## Testing Terms



**The College Board:** The testing company connected with the college admissions process. It is a non-profit organization governed by college and secondary school members. Examples: PSAT, SAT, SAT, AP

**PSAT/NMSQT:** Measures skills in three basic academic areas important for success in college: verbal reasoning, math problem solving, and writing skills.

**The SAT (Scholastic Aptitude Test):** Measures skills in three basic academic areas important success in college: verbal reasoning, math problem solving, writing skills. There is an optional essay section, scored separately.

**SAT Subject Tests:** These are one hour, primarily multiple-choice tests, which measure your knowledge of particular subjects and ability to apply that knowledge. Check the requirements of the colleges that you are considering, some competitive colleges require/recommend one or more subject test for admission/placement.

**AP (Advance Placement):** These tests are designed and developed to evaluate the knowledge of academically strong students who completed college level work in high school. AP exams may be used in determining whether or not a student may gain credit or advanced standing in college.

**ACT (American College Testing):** An admissions test that measures student knowledge in English, mathematical skills, reading, and science reasoning. There is an optional essay component.

**Test Optional Schools:** Certain colleges do not require SAT/ACT scores from applicants in order to be considered for admission. Each college has its own criteria for being test optional.

## Financial Aid Terms

**CSS Profile (College Scholarship Service):** The financial aid division of the College Board. Colleges and universities require families to fill-out an online profile with financial aid data. The information collected on the Profile is used to help College Board award non-federal student aid funds to accepted students.

**FAFSA (Free Application for Federal Student Aid):** A detailed form used by students and parents to supply information about their income assets. This information is used to determine financial need in attempting to meet college cost through federal student aid including grants, work study, and loans. This is required of all students seeking financial aid.

**Grant:** A financial gift toward college, which does not have to be repaid by the student.

**Loan:** Money borrowed by the student or parent to pay for college. The loan must be repaid usually with interest.

**Work Study:** A financial aid program that allows students to earn money by working on campus in an approved program to help pay for college expenses.

## Considerations

### COLLEGE ADMISSIONS

Admissions representatives look at a student in a holistic view, but the transcript is the most important factor. Traditionally, this is how a college admissions representative reviews a student's application:

1. Transcript
  - Rigor
  - Grades
  - Consistent academic success or improvement
  - GPA
2. Application and essay
3. Testing (students are responsible for registration and submission of test scores)
4. Teacher Recommendations
5. Guidance Counselor Recommendation
6. Extra-curricular activities
7. School Profile

### COLLEGE SEARCH

Be mindful of the following, as the college search begins to narrow:

- A. Major and Program of Studies
- B. School Type
  - Public vs private
  - Rural vs urban vs suburban
  - Religious Affiliation
- C. Geographic Location
  - i.e. New England vs South vs West Coast
- D. Size
  - <5,000 student population considered "small"
  - 5,000-15,000 student population considered "medium"
  - >15,000 student population considered "large"
- E. Admission
  - How selective and/or competitive is the admission process for this college?
- F. Athletics, activities, special programs, please refer to **Appendix E**

## Online Resources and Websites

MPHS Guidance Website	<a href="http://mphs.mpsnj.org/resources/guidance">http://mphs.mpsnj.org/resources/guidance</a>	A comprehensive website with information on the college process, financial aid, program of studies, graduation requirements, and Naviance. Guidance counselor's contact information are listed, along with other important school information.
Naviance	<a href="http://student.naviance.com/midlandpark">student.naviance.com/midlandpark</a>	It has college and career exploration tools, and compiles the admissions statistics for MPHS students.
Common App	<a href="http://www.commonapp.org">www.commonapp.org</a>	Allows student to complete one application for multiple schools.
College Board	<a href="http://www.collegeboard.org">www.collegeboard.org</a>	Where students register for SATs and send official score report. If students take any AP exams, this where students would see and send any AP scores.
ACT	<a href="http://www.act.org">www.act.org</a>	Where students register for ACTs and send official score report.
Fair Test	<a href="http://www.fairtest.org">www.fairtest.org</a>	A list of schools that are test optional.
FAFSA	<a href="http://www.fafsa.ed.gov">www.fafsa.ed.gov</a>	Allows families to fill out Free Application for Federal Student Assistance online
CSS Profile	<a href="https://cssprofile.collegeboard.org/">https://cssprofile.collegeboard.org/</a>	An online application to determine eligibility for non-federal financial aid, which is administered by the College Board.
Fastweb	<a href="http://www.fastweb.com">www.fastweb.com</a>	Scholarship website
NCAA	<a href="http://www.ncaa.org">www.ncaa.org</a> <a href="https://web3.ncaa.org/ecwr3/">https://web3.ncaa.org/ecwr3/</a>	The governing body of student athletes in college. Rules of academic eligibility, recruitment for division I II, and III colleges.
College Score Card	<a href="https://collegescorecard.ed.gov/">https://collegescorecard.ed.gov/</a>	An online tool to compare the cost and value of higher education institutions. It displays data in five areas: cost, graduation rate, employment rate, average amount borrowed, and loan default rate.

## Teacher Recommendation Etiquette

Letters of recommendation play an important role of the college admission process. Every year, Midland Park faculty and staff are asked to write letters, and it is only right to give them the upmost respect when requesting a letter of recommendation. Students should be asking two (2) teachers of different subject area for letters of recommendation.

Students, please keep in mind the following as you speak with your teacher(s):

**1. You are not entitled to letters of recommendation.**

Writing letters of recommendation fall outside the teacher's professional responsibilities. It is important to note that one letter can often take over one hour to write—taking time away from professional and personal responsibilities.

**2. Ask for a letter of recommendation in person.**

Have common curtesy and have a conversation with the teacher first. It shows your maturity and respect for the teacher and his/her time. Please do not email or leave a form in the teacher's mailbox, it may be perceived as rude or insensitive. Remember, he/she is taking the time to write you a letter, please give your teacher the time to have a conversation with them first.

**3. Give your teacher the letter recommendation form at least 3 weeks before the deadline.**

The teacher is taking the time to write you a letter of recommendation, and he/she may have more than one letter to write. Please be respectful of his/her time.

**4. Provide all information in a organize manner with a clear deadline of when you will be submitting your applications.**

It is important to keep Naviance updated, especially with deadlines. Please select the correct deadline.

**5. Follow up with the teacher.**

It is your responsibility to follow up with the teacher about the letter, not the guidance counselor and not your parents' responsibility to follow up. Please follow up in person, no emails.

Stop by in person to say "Thank you," then follow up with a thank you note.

*Thank you in advance for following these guidelines*

## Appendix A

### Standardized Testing

#### SAT and ACT

Students are responsible for registering for the test.

To register for the SAT please make an account at [collegeboard.org](http://collegeboard.org)

To register for the ACT please make an account at [actstudent.org](http://actstudent.org)

When ready to apply to colleges, students are responsible for sending official score reports. To send score reports, go back into the account and send the scores. Please allow 2-4 weeks to process.

In 2016, the SAT changed its format and types of questions. Many of the new changes reflect the ACT. However, what remains is that the biggest difference between the two tests is the SAT is an aptitude test and the ACT is an achievement test. The next few pages will have charts of the two tests and comparison scores so that that student and parents are informed about both tests.

Each student is different with his/her learning styles and test taking skills. A suggestion is to take online practice tests to see how each test is, and then prepare for the one test.

#### TEST OPTIONAL

A number of colleges have decided to go test optional. Test optional colleges do not require the SAT/ACT for admissions; however, colleges may have their own criteria in lieu of submission of test scores (i.e. have a certain GPA or may require an interview). Also, if a student decides to not submit test scores, he/she may not be considered for higher scholarships. The student should consult with admission representatives if he/she is considering applying as a test optional candidate. If a college is test optional, the college may have competitive programs within the school (i.e. nursing or engineering) that are not test optional regardless.

## Appendix B

### SAT and ACT Comparison Chart

	SAT	ACT
<b>Test Structure</b>	<ol style="list-style-type: none"> <li>1. Reading</li> <li>2. Writing &amp; Language</li> <li>3. Math</li> <li>4. Essay (Optional)</li> </ol>	<ol style="list-style-type: none"> <li>1. English</li> <li>2. Math</li> <li>3. Reading</li> <li>4. Science Reasoning</li> <li>5. Essay (Optional)</li> </ol>
<b>Length</b>	<ul style="list-style-type: none"> <li>• 3 hours (without essay)</li> <li>• 3 hours, 50 minutes (with essay)</li> </ul>	<ul style="list-style-type: none"> <li>• 2 hours, 55 minutes (without essay)</li> <li>• 3 hours, 40 minutes (with essay)</li> </ul>
<b>Reading</b>	5 reading passages <ul style="list-style-type: none"> <li>• 4 long passages &amp; 1 paired passage</li> <li>• 2 passages include diagrams/charts</li> <li>• 1 passage from U.S. "founding document"</li> <li>• Passages tend to be more abstract</li> </ul>	4 reading passages <ul style="list-style-type: none"> <li>• Straight forward questions that require close reading of passage</li> <li>• Less time per question</li> <li>• Passages are generally more concrete and the questions are more literally answered in the passage</li> <li>• Order of question is random</li> </ul>
<b>Writing</b>	Revise and edit a piece of writing for logical structure, and effective rhetoric	Revise and edit a piece of writing for logical structure
<b>Science</b>	None	1 science section testing your critical thinking skills (not your specific science knowledge)
<b>Math</b>	Covers: <ul style="list-style-type: none"> <li>• Arithmetic</li> <li>• Algebra I &amp; II</li> <li>• Geometry, Trigonometry and Data Analysis</li> </ul> Calculator and non-calculator sections Provided <u>basic</u> formulas	Covers: <ul style="list-style-type: none"> <li>• Arithmetic</li> <li>• Algebra I &amp; II</li> <li>• Geometry, Trigonometry, and Probability &amp; Statistics</li> </ul> Can use a calculator on whole math section No formulas provided
<b>Essays</b>	Optional. The essay will test your comprehension of a source text.	Optional. The essay will test how well you evaluate and analyze complex issues.
<b>Scored</b>	Scored on a scale of 400–1600  Evidence Based-Reading & Writing : 200-800  Math Section: 200-800	Scored on a scale of 1–36  Each subject area (English, reading, math, and science) is given a scaled score between 1 and 36. Those area scores are then averaged into a composite score, which also ranges between 1 and 36.
<b>Nat'l Average Score 2018*</b>	Total Score: 1060 Evidence Based-Reading & Writing: 533 Math: 527 (scores end in a zero "0", this is an average)	Composite Score: 20.9 (score is whole number, this is an average)

\*information from <https://blog.prepscholar.com/>



## Appendix C

**SAT Score and ACT Score Comparison Chart\***

<b>SAT</b>	<b>ACT</b>
1570-1600	36
1530-1560	35
1490-1520	34
1450-1480	33
1420-1440	32
1390-1410	31
1360-1380	30
1330-1350	29
1300-1320	28
1260-1290	27
1230-1250	26
1200-1220	25
1160-1190	24
1130-1150	23
1100-1120	22
1060-1090	21
1030-1050	20
990-1020	19
960-980	18
920-950	17
880-910	16
830-870	15
780-820	14
730-770	13
690-720	12
650-680	11
620-640	10
590-610	9

\*These are estimate score comparisons, they are not exact. These are two different tests under two different companies/organizations; there are no exact nor true score conversions.

## Appendix D

### SAT and ACT Test Dates

SAT	
Test Date	Registration Deadline
August 24, 2019	July 26, 2019
October 5, 2019	September 6, 2019
November 2, 2019	October 3, 2019
December 7, 2019	November 8, 2019
March 14, 2020	February 14, 2020
May 2, 2020	April 3, 2020
June 6, 2020	May 8, 2020
Register on <a href="http://collegeboard.org">collegeboard.org</a>	
*Cost: \$49.50 \$64.50 (w/ essay)	

ACT	
Test Date	Registration Deadline
September 14, 2019	August 16, 2019
October 26, 2019	September 20, 2019
December 14, 2019	November 8, 2019
February 8, 2020	January 10, 2020
April 4, 2020	February 28, 2020
June 13, 2020	May 8, 2020
July 18, 2020	June 19, 2020
Register on <a href="http://act.org">act.org</a>	
*Cost: \$52.00 \$68.00 (w/ essay)	

For more information on registration and testing, please refer to the respective website.

## Appendix E

### Student-Athletes and Students with Special Talents or Interests

#### STUDENT-ATHLETES



The NCAA is the agency that oversees and governs athletic matters for over 1,300 colleges, universities, conferences, and organizations. Schools are classified by Division I, Division II, or Division III (or DI, DII, DIII, respectively).

#### **The Difference between the Divisions**

##### Scholarships

- Division I and II may offer athletic scholarships, along with academic and need-based scholarships.
- Division III does not offer athletic scholarships, but may offer merit and need-based scholarships.

##### The Eligibility Center

- Students planning playing DI or DII must be academically eligible to participate in their freshman year in college, meaning with the courses they take in high school, core-GPA, test scores (core-GPA and test scores are on a sliding scale).
  - Within DI and DII, there are different standards and requirements for eligibility.
- Students planning on playing DIII may not necessarily have to be eligible under the NCAA Eligibility Center, but still must meet the college's academic requirements.
- Prospective Student-Athletes must register with the NCAA Eligibility Center. There is a list of MPHS approved academic courses that students should have taken or will take. The list is on the NCAA Eligibility website.
- Along with courses, students must also send in SAT/ACT test scores using the code **9999** (NOTE: if students are applying to a college "test optional" they must submit test scores to the NCAA).
- Students should be register with the Eligibility Center by the end of junior year, at the latest; however, they may register as early as freshman year.

Inform your counselor about plans on playing a sport in college. The counselor will upload 5<sup>th</sup> semester transcripts (transcripts after junior year) and final transcript upon graduation in June.

For more information the NCAA and Eligibility Center

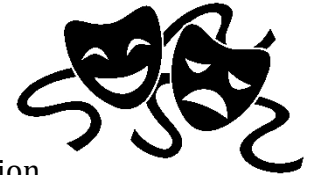
**General Info:** <http://www.ncaa.org/>

**Eligibly Center:** <https://web3.ncaa.org/ecwr3/>

**Student Athlete Info:** <http://www.ncaa.org/guide-college-bound-student-athlete>

## Appendix E (continued)

### STUDENTS WITH SPECIAL TALENTS OR INTERESTS



Students who plan on applying in a specific program within a college, please visit its admissions website with more detailed information. Depending on the program, there may be a portfolio or audition as part of the admission process. These programs tend to be more competitive. Reach out early and start putting your name out there (this is the early stages of “networking”).

Some of these special programs may have events or seminars over the summer, start looking early and be proactive. Again, these are competitive programs with limited space available. Please check the admissions website for specified directions. IF you have further questions, do not be afraid to reach out directly to the department you are interested in.

#### Art

Start gathering artwork in a portfolio. Look the website or reach out to an admission representative for directions on the presentation of the portfolio. See an art teacher for guidance as well. You may want to consider National Portfolio Review Day, (<https://nationalportfolioday.org/>)

#### Music

Some colleges have musical groups if you want to continue with an instrument or choir. Explore the college’s website for more information. You may surprise yourself with what you find. You should consult with the music department at the college if you are interested.

#### Theatre/Dance

Each college has its requirement that may require an audition. A suggestion may be to gather a video or clipping of dance performance. Consult with the theatre department at the college for further information.



With all special programs, the college itself has academic requirements on top of the special talent you have. It is important to continue to do well academically.



## Appendix F

### Midland Park High School Guidance Department

---

#### Letter of Recommendation Request Form

Student Name: \_\_\_\_\_ Date: \_\_\_\_\_

Teacher Recommender: \_\_\_\_\_

Counselor: \_\_\_\_\_

**APPLICATION DEADLINE:** \_\_\_\_\_

(or date I plan on submitting applications)

I have completed the following tasks in order for you to write my letter:

- My resume is completed in Naviance for your review
- All of my schools are listed in Naviance with the correct deadlines
- I am giving you this form 3 weeks prior to my deadline dates to ensure enough time to complete the recommendation letter**

Thank you for your help in this process,

Student Signature: \_\_\_\_\_

## Appendix G

### Midland Park High School Transcript Request Form

**This form must be turned in at least 10 school days before the deadline** or we cannot guarantee transcripts will be processed on time. The MPHS transcript does not include test scores. Official transcripts must be sent directly by MPHS and cannot be given to the student for any reason. If you are 17 years old or younger, you must have a parent/guardian signature.

Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

Student Signature: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

**(Please circle the type of application, list the application deadline and circle the submission type)**

	<u>Full Name of College</u>	<u>Type of Application</u>	<u>Deadline</u>	<u>Submission Type</u>
1.	_____	ED EA Regular Rolling	_____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
2.	_____	ED EA Regular Rolling	_____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
3.	_____	ED EA Regular Rolling	_____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
4.	_____	ED EA Regular Rolling	_____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
5.	_____	ED EA Regular Rolling	_____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
6.	_____	ED EA Regular Rolling	_____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
7.	_____	ED EA Regular Rolling	_____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
8.	_____	ED EA Regular Rolling	_____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
9.	_____	ED EA Regular Rolling	_____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
10.	_____	ED EA Regular Rolling	_____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

*Student is responsible for paying the application fee and sending the official SAT/ACT test scores.*

The following teachers have been asked for letters of recommendation:

1. \_\_\_\_\_ 2. \_\_\_\_\_

Schools that **self-report** (i.e. RUTGERS Applications), **YOU** must self-report your transcript information by completing the **SRAR**. *Please still add self-reporting schools to your Naviance list and to your transcript request form for office records.*

**To be completed by the Guidance Office:**

Date Received Request: \_\_\_\_\_

Date Submitted Transcripts: \_\_\_\_\_

